

COURSE PLAN (Tuesday Class)

Course Information	<i>Enter course information into the cells below.</i>
Course Title:	Health & Wellness 3
Course ID:	HLTH-3038
Program:	DSW1G – 05 - Developmental Services Worker
School:	Community Studies
Term:	Winter 2025
Prepared by:	Meherene Sami

Required Textbooks:

ISBN/SKU: 9780323709392 Title/Description: Mosby's Canadian Textbook for the Support Worker
 Author: Sorrentino, Remmert and Wilk Edition: 5th Edition (4th can be used if necessary)
 Publisher: Elsevier

ISBN/SKU: 978-0-13-471102-7 Title/Description: Health Professional's Drug Guide
 Author: Shields, Fox and Liebrecht Edition: 2017-2018 Publisher: Pearson

ISBN/SKU: 88870017739 Title/Description: Health and Wellness 3
 Author: Klee Edition: September 2022 Publisher: Fanshawe

Course Plan Details

Evaluation	Date	Agenda: What are you going to teach?	Delivery Details: Preparation and/or Learning Resource(s) - How are you going to teach	Evaluation
Week 1	January 7th	The Biopsychosocial Model & The Role and Responsibilities of the Support Worker	Intro, course outline, course plan. <u>Chapter 1: Role of the Support Worker</u>	
Week 2 <b style="color: red;">Roles, Nutrition,	January 14th	Nutritional Guidelines, Food Safety, Meal Preparation	<u>Chapter 27: Nutrition & Fluids</u>	Health Promotion Foundations 1:

Note: The Course Plan may change according to students' learning needs and/or unanticipated disruptions.

Food safety quiz - 5%				Definitions and concepts Roles, Nutrition, food safety quiz -5%
Week 3	January 21st	Menu & Meal planning	<u>Chapter 27:</u> Nutrition & Fluids Canada's Dietary Guidelines 2 Prep quizzes due – basic nutrition & Food Safety (PASS/FAIL)	Lab 1A &1B – Meal planning & Budgeting: Pass/Fail
Week 4	January 28th	Hand Washing & Assisting Clients with eating Dysphagia	<u>Chapter 20</u> Preventing Infection <u>Chapter 27</u> Nutrition & Fluids Ppt. about Dysphagia	Group Assignment #1 – worth 10% Meal Planning and Meal Budgeting group due today by midnight
Week 5 Online activity – in class Assignment due next week 10%	February 4th	Dysphagia contd. Assisting residents who have Dysphagia	Ppt. about Dysphagia contd. Prep quiz – due Dysphagia (PASS/FAIL)	Online activity – in class – watching video Assisting residents who have Dysphagia Lab 2 – Dysphagia Pass/Fail

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<p>Week 6 Enteral feeding Quiz # 2 (in class) 5%</p>	<p>February 11th</p>	<p>Enteral Nutrition, Dysphagia</p>	<p><u>Chapter 28</u> Enteral Nutrition and intravenous therapy Prep quiz – due today Enteral Nutrition (PASS/FAIL)</p>	<p>Online activity – Group assignment - 10% Assisting the client with eating Due by midnight</p> <p>Enteral feeding Quiz # 2 (in class) 5%</p> <p>Lab 3 – Enteral nutrition: PASS/FAIL</p>
<p>No classes Study Week Group Assignment # 2 20%</p>	<p>February 18th</p>	<p>No classes Study week</p>	<p>No classes Study week</p>	<p>Group Assignment # 2 worth 20% Dysphagia Enteral feeding Management - due today by the 22nd at midnight</p>
<p>Week 7</p>	<p>February 25th</p>	<p>Vital Sign Assessment</p>	<p><u>Chapter 41:</u> Vital Signs Prep quiz – due Vital signs (PASS/FAIL)</p>	<p>Lab 4 – vital signs PASS/FAIL</p>
<p>Week 8</p>	<p>March 4</p>	<p>Aseptic Techniques: Wound Care & Simple Dressing changes</p>	<p><u>Chapter 40:</u> Assisting with medications</p>	<p>Assignment instructions (due next week)</p>

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<p>Week 9 Group assignment # 3 10%</p>	<p>March 11th</p>	<p>lab</p>	<p><u>Chapter 42</u> Wound care Prep quiz – due Wound care (PASS/FAIL)</p>	<p>Group assignment # 3 10% Wound care, thermal application, and specimen collection - due today by midnight.</p> <p>Lab 4 – Wound care PASS/FAIL</p>
<p>Week 10</p>	<p>March 18th</p>	<p>Monitoring, Recording, & Reporting Prescription & Non-prescription Medications</p> <p>Administering, processing, storing, and Disposing medications</p>	<p><u>Chapter 40:</u> Assisting with medications</p> <p>Prep quiz – due Medications (PASS/FAIL)</p>	<p>Medications labs (6-10)</p> <p>Pass/Fail (Pass/Fail (Fanshawe policy - Has to be 100% PASS. You cannot pass the course without it))</p>
<p>Week 11</p>	<p>March 25th</p>	<p>Medications labs Continued</p>	<p>Medications labs Continued</p>	<p>Medications labs (6-10) Continued</p> <p>Pass/Fail (Fanshawe policy - Has to</p>

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Week 12 Self-evaluation 5%	April 1st	Medication Administration-Non-Oral Route Understand Inhalation Therapy Medication Administration Records (MAR) Bowel Management	Prep quiz – due Non-oral routes Medication (PASS/FAIL)	Lab 11 – Non-oral routes of medical administration Pass/Fail Self-evaluation 5% due by midnight
Week 13 Group Assignment # 4 worth 15%	April 8th	Traditional Medicines Indigenous Peoples and Health Practices		Group Assignment # 4 worth 15% Supporting Indigenous Peoples using Traditional and Conventional methods In-class Group assignment
Week 14 Final Quiz 20%	April 15th	Final exam		Final Quiz – 20% All grades due 18th
Week 15	April 22nd	Review of the course		Post assessment quiz

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Note: Course Plans must be updated should any changes occur.

Course evaluation (You can also find the following image posted separately under the course plan and in the first and 2nd week’s PowerPoints. The due dates provided are tentative and subject to change.)

Course Evaluations – Winter 2025

		Due date	
Practical assessment Pass/ Fail	Quiz on theory (Pass/ Fail) (Ungraded 5%)	After the lesson is taught in class & before each lab	Open book
Lab activities PASS/FAIL	Lab 1 A &1B - Meal Planning and Meal budgeting Lab 2 – Dysphagia Lab 3 – Enteral Nutrition Lab 4- Wound care Lab 5 –Vital signs Labs – 6, Medications - Transcription Labs 7,8,9, - peer evaluations Lab 10 – Final drug pour lab 11 – Non-oral routes	Week 3 Week 5 Week 6 Week 8 Week 9 Weeks 10-11 Week -10-11 Weeks 10-11 Week 12	Lab forms uploaded individually (before coming to class) Labs – work in groups in-class
Assignments 55%	Meal planning and Budgeting 10%	Weeks 4	Group
	Dysphagia and enteral feeding 20%	Feb 22nd	Group
	Wound care, thermal application and specimen collection 10%	Week 8	Group
	Supporting Indigenous peoples using traditional and conventional medicines 15%	Week 13	Group In-class
Online Activities 10%	Assisting the client with eating video 10%	Week 5 (activity). Paper due week 6	Group Q & A
Self Evaluation 5%	Reflection paper	Week 12	Individual
Quizzes 30%	1. Roles, Nutrition, Food Safety quiz 5% 2. Enteral feeding quiz 5% 3. Final quiz (Will cover content from Week 7-14) 20%	Week 2 Week 6 Week 14	Individual

Classroom Expectations

- 1. Be on time or even early. Note:** The college does not have a campus-wide grading or attendance policy. It is up to the instructor to set the grading and attendance expectations with the students.
- 2. Be prepared and organized. Note:** We ask all instructors to take attendance for internal use.
- 3. Ask questions and communicate with your instructor.**
- 4. Get to know someone in class.** You may need to borrow notes or may want someone to study with.
- 5. No cellphones during class** (unless it’s part of the class).
- 6. You must have all the learning devices (laptops, iPad etc.) ready to participate in class activities that need access to a computer device and internet.**

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Attendance Expectations

1. You are encouraged to attend all classes to ensure the successful completion of each course. Failing a course due to attendance may have repercussions, such as repeating the course in question or potentially having work and study permits removed.
2. You must notify the instructor through email if you cannot attend class and provide proper documentation to support the reason for your absence (doctor's note, written notice etc.)
3. It is your responsibility to speak with instructors regarding any missed readings, assignments, class work etc.

Coursework Expectations

1. You are expected to attend class and submit all assignments in a timely manner.
2. Late assignments will be **deducted 10% for every 24 hours** they are late unless prior arrangements have been made **three (3) days prior** to the due date of the assignment by the student in writing.
3. Missed test/quizzes and exams will be marked as **zero (score 0)** unless the instructor was notified in advance in writing through email and proper documentation to support the reason for your absence (doctor's note, written notice etc.) is provided. In this case, an opportunity will be provided to reschedule the missed evaluation and/or an alternative evaluation or accommodation.
4. Missed test/quizzes and exams without prior notification and proper documentation will be marked as **zero (score 0)** with no opportunity of re-writes.

Academic Integrity

Fanshawe College defines Academic Offence as obtaining or attempting to obtain an unfair advantage or credit for oneself or others by dishonest means.

The following are examples of Academic Offences:

- Plagiarism
- submitting another person's work as one's own;
- neglecting to cite or improperly citing the original source of ideas, text, images, etc.;
- resubmitting previously submitted and graded work for additional grades.
- Acting to assist or facilitate another student's Academic Offence.
- Communicating with or copying from another person during a quiz, test, or exam.
- Participating in activities, in person or electronically, that are not permitted in the preparation or completion of academic work.
- Using materials, resources, or technologies that are not permitted in the preparation or completion of academic work or during a quiz, test, or exam.
- Altering or falsifying academic records in any way or submitting false documentation for academic purposes.

Warnings and Penalties for Academic Offences Academic Offences are taken seriously and can result in the issuance of Warnings or the application of Penalties which can range from **re-doing work and marks of zero to failing a course or being suspended or expelled** from the College.

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Students are strongly encouraged to take precautionary measures while preparing and completing their academic work to ensure that they achieve and maintain academic integrity while avoiding and preventing Academic Offences.